

# **DAILY 10<sup>TH</sup> STEP INVENTORY**

- 1. Have I been resentful today?**
- 2. Have I been dishonest or selfish today?**
- 3. Have I been afraid today?**
- 4. Do I owe an amends?**
- 5. Was I kind and loving toward all?**
- 6. What can I be grateful for today?**
- 7. Did I attend a meeting today?**
- 8. Did I call/contact/text my sponsor or another addict today?**
- 9. Did I pray today?**
- 10. Was I of service today? What did I pack into the stream of life today?**